



CONVERSION CHART

DRY MEASUREMENTS

1 cup =	16 tbsps. =	48 tsps.=	250 ml
$\frac{3}{4}$ cup =	12 tbsps. =	36 tsps.=	175 ml
$\frac{2}{3}$ cup =	$10 \frac{2}{3}$ tbsps. =	32 tsps.=	150 ml
$\frac{1}{2}$ cup =	8 tbsps. =	24 tsps.=	125 ml
$\frac{1}{3}$ cup =	$5 \frac{1}{3}$ tbsps. =	16 tsps.=	75 ml
$\frac{1}{4}$ cup =	4 tbsps. =	12 tsps.=	50 ml
$\frac{1}{8}$ cup =	2 tbsps. =	6 tsps.=	30 ml
$\frac{1}{16}$ cup =	1 tbsp. =	3 tsps.=	15 ml

Liquid Measurements

1 gal. =	4 qts.=	16 cups=	128 fl. oz.
$\frac{1}{2}$ gal=	2 qts.=	8 cups=	64 fl. oz.
$\frac{1}{4}$ gal=	1 qt.=	4 cups=	32 fl. oz.
$\frac{1}{8}$ gal=	$\frac{1}{2}$ qt.=	2 cups=	16 fl. oz.
$\frac{1}{16}$ gal=	$\frac{1}{4}$ qt.=	1 cup=	8 fl. oz.